



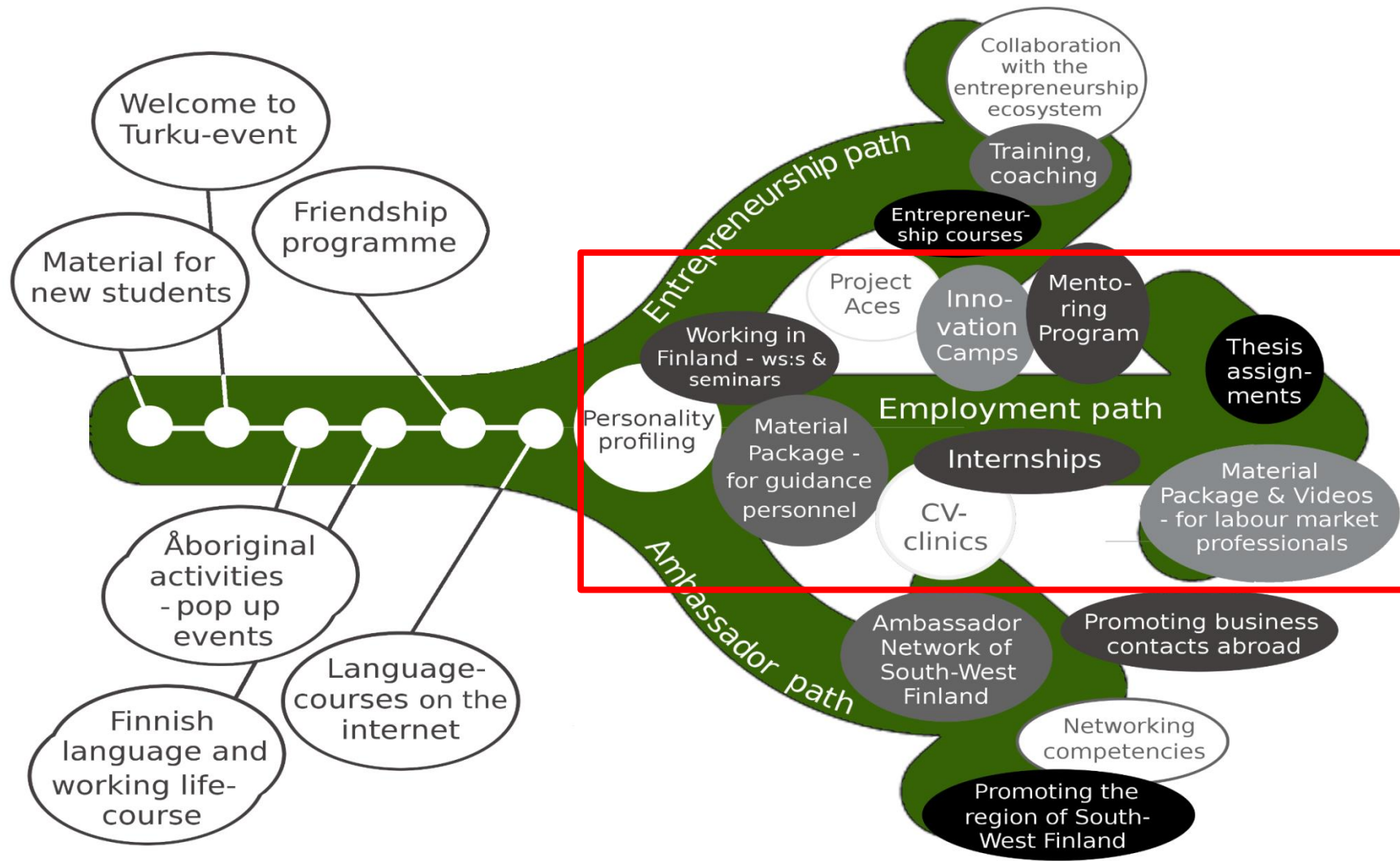
POLKU – project aka Services for international students



Leverage from
the EU
2014–2020



Preparation for employment stage & path



Activities for employment

- Personal Career Guidance
- Simulated job interviews
- CV-clinics
- Personality profiling
- Internship/thesis assignments/summer job offers
- Career Planning Course (Find Your Career)
- Working in Finland events
- Employer visits
- Info-events for international students
- Mentorship programs (POLKU)
- Internship programs (TUCS)
- Projects for employers (Project Aces)
- Project courses (ICT-showroom)
- Innovation camps (Challenge Turku)
- Startup Programs (Boost Turku)
- Self-study info & videos
- Info-package for personnel

Career Services

- Personal guidance, CV-clinics, simulated job interviews, personality profiling, information, job-boards etc.
 - UTU: <http://www.utu.fi/en/unit/university-services/academic-and-student-affairs/educational-development-and-counselling-services/Pages/Career-Services.aspx>
 - ÅAU: <http://www.abo.fi/stodenhet/en/arbetsforum>
 - TUAS: <https://www.tuas.fi/en/study-tuas/studying-at-tuas/services-for-students/>
 - Other HEI:s: Contact teaching staff

Find your career – online coaching

- Pilot for ÅAU and UTU students, March – May 2018
- Interactive career coaching online (on Moodle) by universities career counselors
- Become better at:
 - identifying your possibilities, skills and interests
 - writing a good CV and application
- and understand:
 - what employers value
 - where vacant positions can be found
 - how the Finnish labour market works

Mentorship program

- First round autumn-winter 2016, second round spring-summer 2017.
- Third round to start 25 January 2018.
- A joint Mentorship Program for all interested international students studying in any of the HEI:s in Turku.
- The Mentorship Program is conducted in groups of ~2-4 mentees with 1 mentor with international background him-/herself for each group
- <https://www.facebook.com/polkumentorship/>
- The aim of the mentorship program is:
 - To offer a low-threshold program for int. students
 - to provide basic information about Finnish working life and the labour market
 - to provide as a possibility to discuss with a mentor and the mentoring group about problems and issues when it comes to job-hunting and specifics in the Finnish labour market
 - to enhance the job-hunting skills
 - to give a possibility to network and get some contacts

Working in Finland (WiF) events

- Normally events 2 times per year, one more practically focused event in the autumn and one seminar centered day in spring
 - Specifically targets international students in Turku, giving info about things to notice about the Finnish labour market

Other activities / courses / events

- ICT-Showroom project course 8.3.
 - <https://sv-se.facebook.com/ictshowroom/>
- TUCS Internship Program, ~6 month internship program
 - www.tucs.fi/internship
- Project Aces (Summer), 3 month part-time project
 - Registration in April
 - <http://projektiassat.fi/en/>
- Challenge Turku (spring & autumn), 24h events
 - <https://www.facebook.com/challengeturku?fref=ts>
- Shorter Events & Seminars
- Employer visits
- Boost startup programs
- Employment info & videos for students & personnel

Where do I get up-to-date info?

- Sign up for e-mails with information:
 - <https://blogs2.abo.fi/polku/2017/09/06/registration-of-interest-in-polku-information/>

OR

- Follow the info on:
 - <https://blogs2.abo.fi/polku/project>
- Study in Turku web-page:
 - <http://www.turku.fi/en/study-turku>
- Guides:
 - Life in Finland / Turku:
 - https://issuu.com/turunviestinta/docs/lifeinfinland_web
- Research info:
 - <http://www.migrationinstitute.fi/fi/page/julkaisut>

Questions?

Thank you!